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## Child Biographical Information and Symptom Description

*Please fill this form out as completely as possible. It will help me in our work together. If you feel uncomfortable answering a question that's ok. Just write "Do not care to answer" in the space provided.*

Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_  
Last First Middle

Address: \_\_\_\_\_  
Street City State Zip

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

School & Grade: \_\_\_\_\_

Emergency Contact other than primary parent/guardian(s):

Name: \_\_\_\_\_ Phone : \_\_\_\_\_

Who referred you?: \_\_\_\_\_

Who has legal rights to make medical & educational decisions for your child?

*Please provide any relevant court documentation regarding physical/legal custody if relevant.*

Briefly describe the reason for referral (*I will ask for more details about this later*).

Cultural background information. *Please describe relevant cultural information including ethnic background, religious affiliation, family values, important customs/traditions, languages spoken in the home, and community groups/participation.*

## PARENT/GUARDIAN INFORMATION

*Please provide biographical information on each important parent/guardian in your child's life. Include biological, step, foster, and adoptive parents. If there aren't enough spaces, write the others on the back of this page.*

**Adult 1 Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

*Is it ok to leave confidential/private messages at the phone number provided? Yes / No*

**Adult 2 Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

*Is it ok to leave confidential/private messages at the phone number provided? Yes / No*

## MEDICAL HISTORY OF THE CHILD

Pediatrician: *Name and phone number*

Other Medical doctors / specialists: *Names and phone numbers*

Date of last physical exam: \_\_\_\_\_

Please tell me about any major medical conditions, surgeries, accidents, or illnesses.

List **all** medications your child is currently taking. Include dosages and reason for taking.

Family Medical History: *Please list any medical illnesses that run in the family.*

Please indicate if your child has experienced any of the following:

| Symptom                                   | Yes / No | If 'yes', what age? |
|---|----------|---------------------|
| Severe headaches                          |          |                     |
| Head injury                               |          |                     |
| Fainting spells                           |          |                     |
| Seizures or convulsions                   |          |                     |
| Vision problems                           |          |                     |
| Hearing impairment                        |          |                     |
| Difficulty with speaking                  |          |                     |
| Heart disease                             |          |                     |
| Difficulty with sleeping                  |          |                     |
| Abrupt weight gain/loss                   |          |                     |
| Asthma                                    |          |                     |
| Frequent diarrhea/constipation            |          |                     |
| Frequent nausea/vomiting                  |          |                     |
| Bedwetting                                |          |                     |
| Soiling self                              |          |                     |
| Allergies (medication, food, pollen, etc) |          |                     |

### CURRENT SYMPTOMS / CONCERNS

What is the major reason for seeking services at this time?

Please place a check next to current concerns / symptoms.

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Headache                    | <input type="checkbox"/> Stomach aches                 | <input type="checkbox"/> Nightmares                   | <input type="checkbox"/> Weight Change      |
| <input type="checkbox"/> Bowel trouble               | <input type="checkbox"/> Grief/Loss                    | <input type="checkbox"/> Binge eating                 | <input type="checkbox"/> Muscle aches       |
| <input type="checkbox"/> Withdrawn                   | <input type="checkbox"/> Anxiety/Worry                 | <input type="checkbox"/> Fears                        | <input type="checkbox"/> Sad / Hopeless     |
| <input type="checkbox"/> Trauma                      | <input type="checkbox"/> Low self-esteem               | <input type="checkbox"/> Foster/Adopted               | <input type="checkbox"/> Refusal to share   |
| <input type="checkbox"/> Sleep problems              | <input type="checkbox"/> Frequent tantrums             | <input type="checkbox"/> Panicky                      | <input type="checkbox"/> Always tired       |
| <input type="checkbox"/> Hyperactive                 | <input type="checkbox"/> Experienced trauma            | <input type="checkbox"/> Social concerns              | <input type="checkbox"/> Divorce/Separation |
| <input type="checkbox"/> School issues               | <input type="checkbox"/> Developmental delays          | <input type="checkbox"/> Aggression                   | <input type="checkbox"/> Disobedient        |
| <input type="checkbox"/> Risk taking                 | <input type="checkbox"/> Self-harm                     | <input type="checkbox"/> Suicidal thoughts or actions |   |
| <input type="checkbox"/> Sexualized play             | <input type="checkbox"/> Denies affection from parents | <input type="checkbox"/> Separation Anxiety           |   |
| <input type="checkbox"/> Acts older/younger than age | <input type="checkbox"/> Adjustment difficulty         | <input type="checkbox"/> Communication difficulty     |   |

How long have you observed these symptoms?

*Please answer the following questions for each parent-child dyad.*

Would you consider your relationship mutually enjoyable?

What has given you the most satisfaction / joy in your role as a parent?

Describe the level of distress in your relationship with your child?

What has been the most difficult part of parenting your child?